



Internet Safety

Melissa Robison
Middletown Twp. Police



Agenda

- ✓ Recognize the dangers associated with the internet
- ✓ Identify ways parents and adults can protect children from internet dangers
- ✓ Troublesome apps that are most popular with children of all ages

First, some stats...

What do you believe is the *recommended* daily screen time for children?

2 HOURS

What do you believe is the *actual average* daily screen time for children?

7.5 HOURS

AGE GROUP	AVERAGE DAILY SCREEN TIME
8 – 10 YEARS OLD	6 HOURS
11 – 14 YEARS OLD	9 HOURS
15 – 18 YEARS OLD	7.5 HOURS





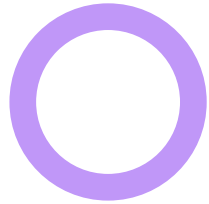
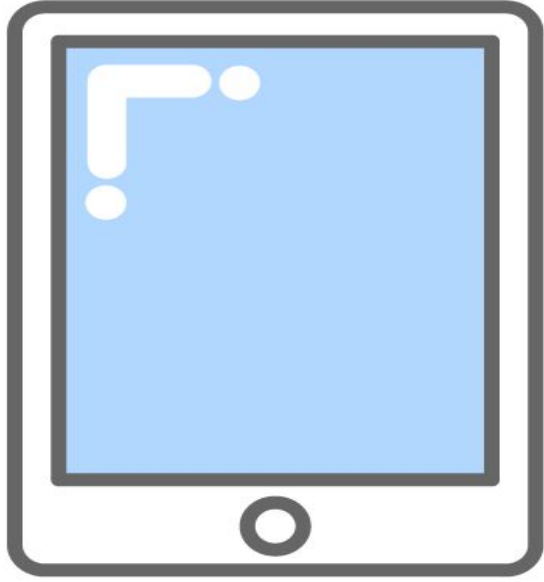
Topic one

RECOGNIZE THE DANGERS
ASSOCIATED WITH THE INTERNET



Internet Dangers

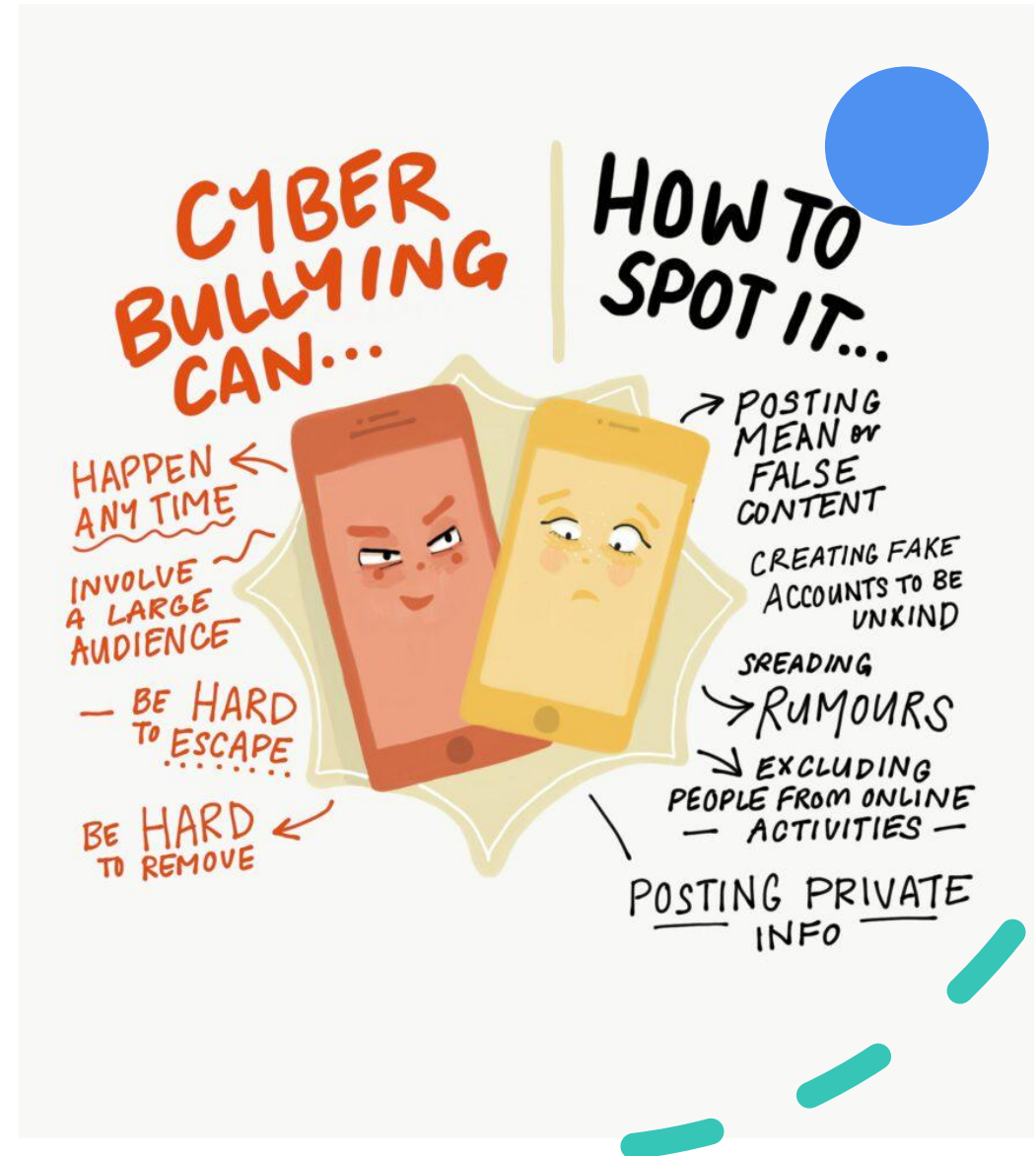
1. Cyberbullying
2. Cyber Predators
3. Posting Private Information
4. Posts that come back to haunt them



Cyberbullying

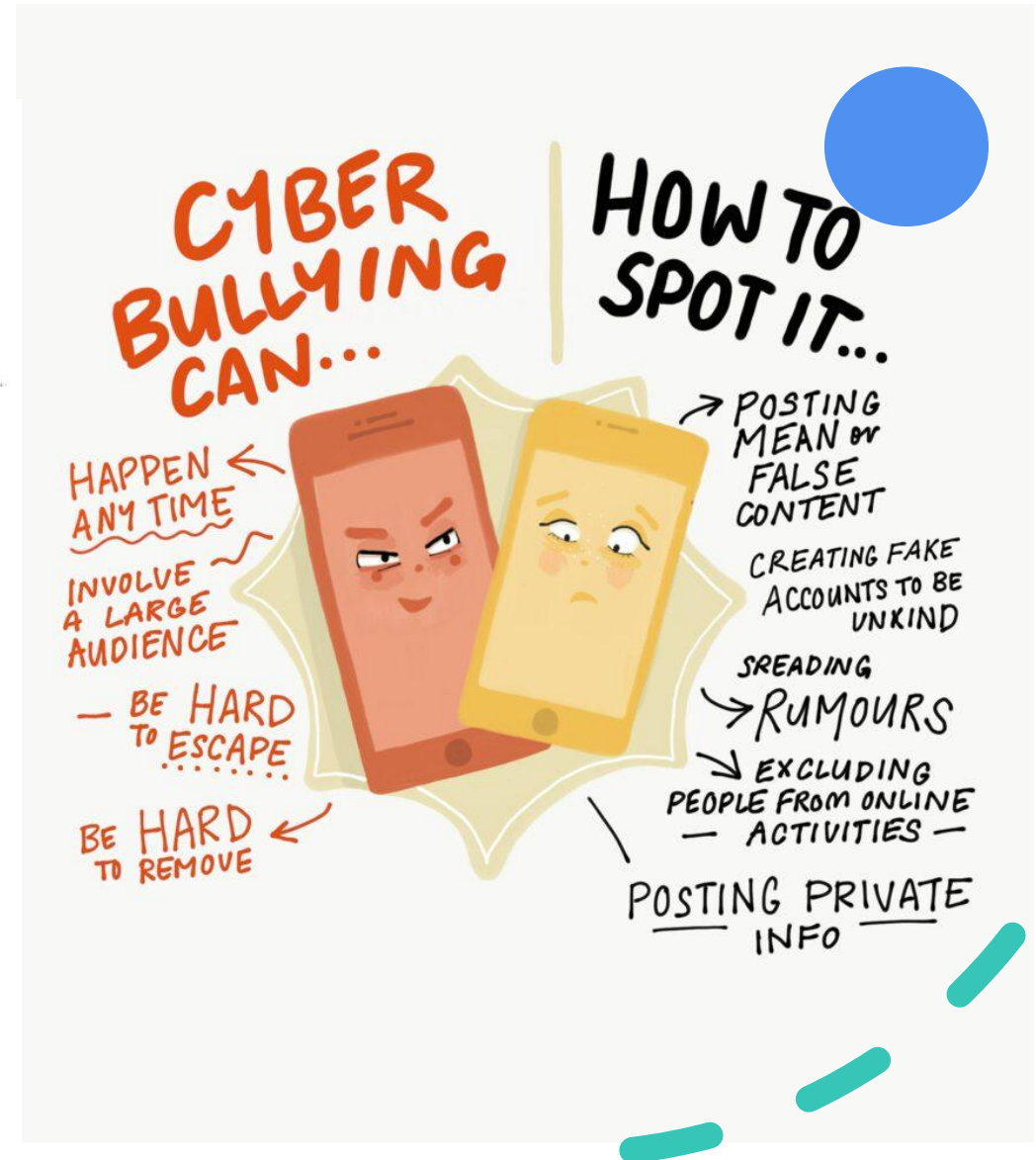
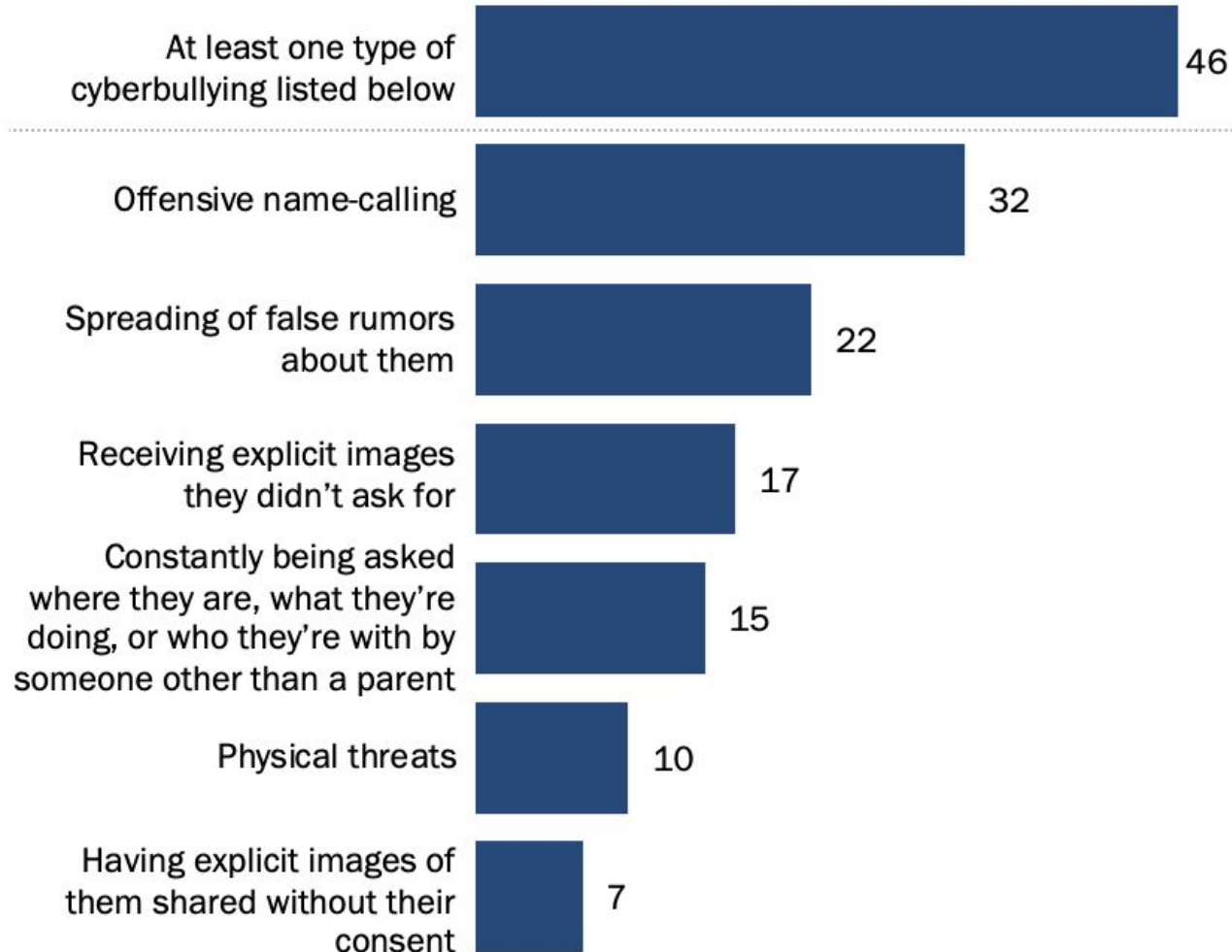
While bullying existed long before the internet, the rise of smartphones and social media has brought a new and more public arena into play for this aggressive behavior.

Nearly half of U.S. teens ages 13 to 17 (46%) report ever experiencing at least one of six cyberbullying behaviors asked about in a Pew Research Center survey conducted April 14-May 4 2022



Cyberbullying

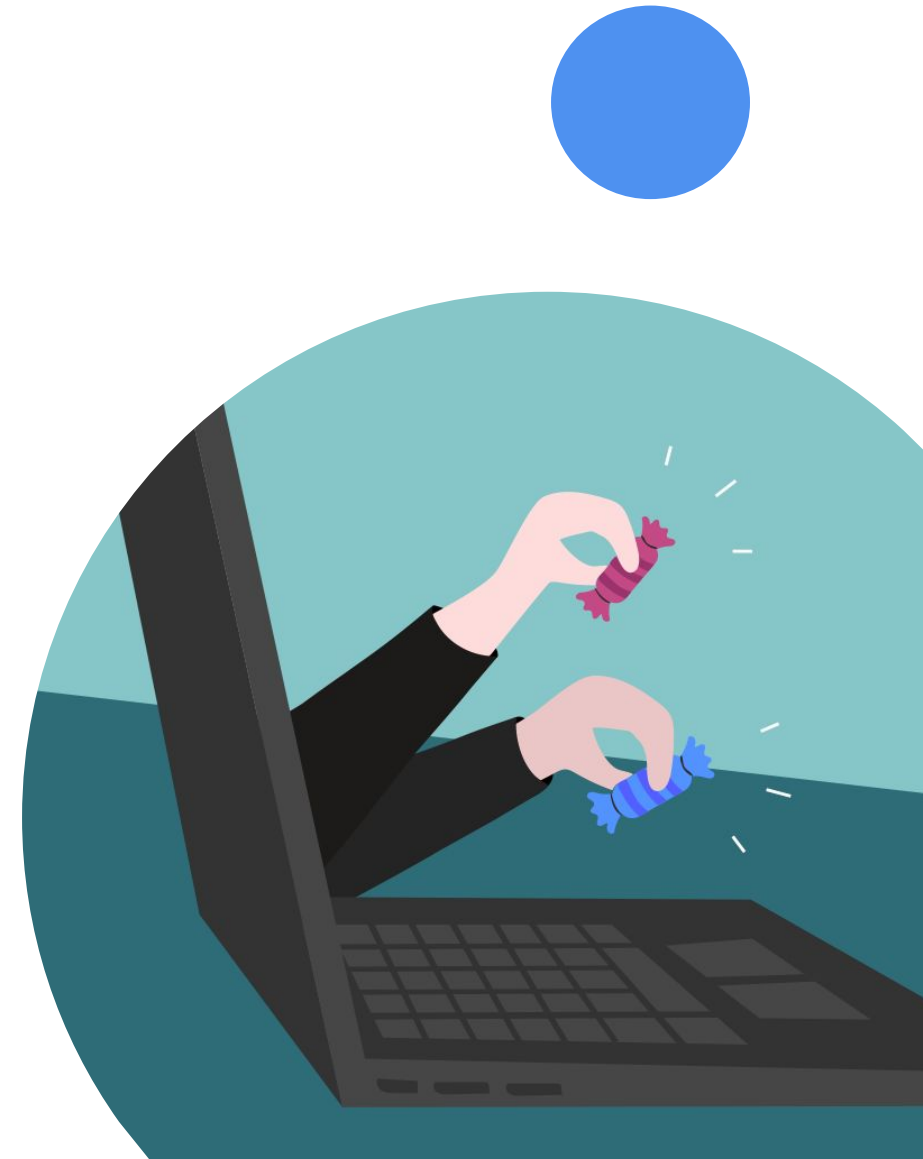
% of U.S. teens who say they have ever experienced ___ when online or on their cellphone



Cyber Predators

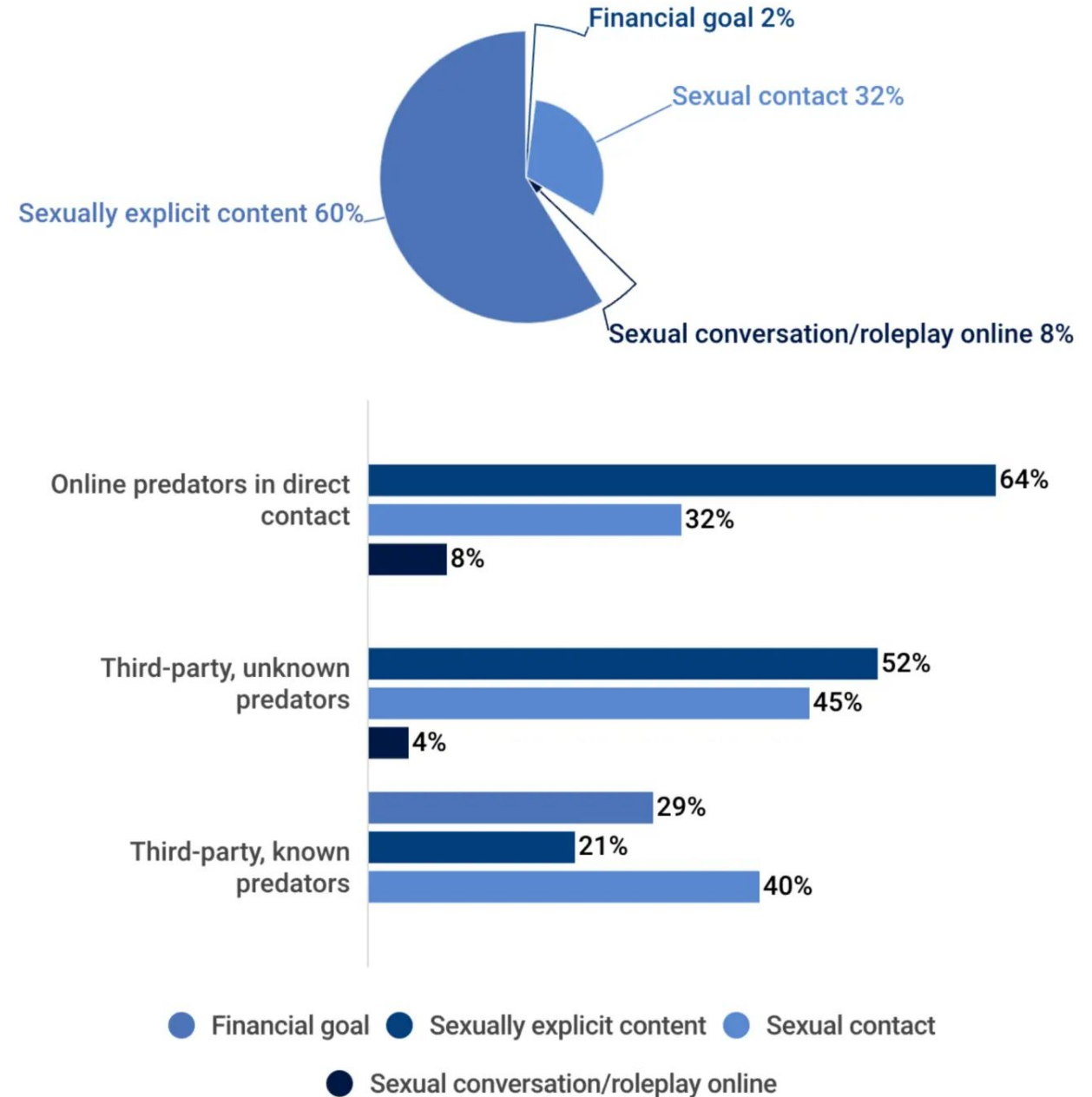
Online predators are internet users who exploit children and teens for sexual and violent purposes. This may include child grooming, engage in sexual activities, unwanted exposure of materials and pictures, online harassment, threats to cause fear or embarrassment.

Basically, it is an online harassment



Cyber Predators

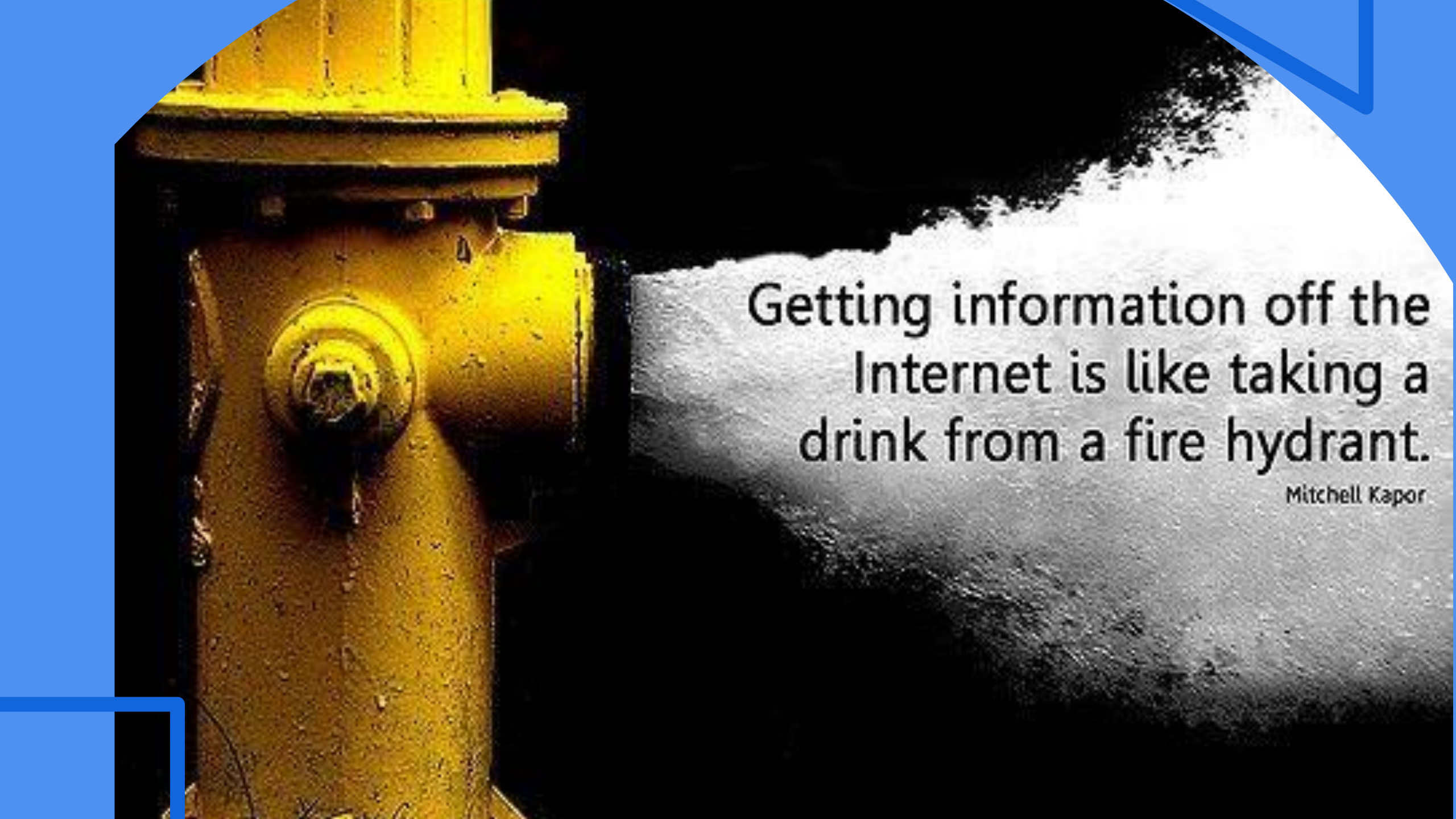
- Online predator stats reveal that 20% of kids have been sexually solicited online.
- 75% of them didn't tell a parent about it, and as much as 90% of parents will never know of such inappropriate contact.
- 14% of kids have met online predators in person, and nearly 75% of them did so more than once.
- Sex offender statistics reveal that as many as 85% of online predators are hands-on abusers





Posting Personal and Private Information

- **Do not share** your name – first name and last name
- **Do not share** your home address
- **Do not share** the name of your school and where it is, or your school uniform in photos
- **Do not share** your **phone number**
- **Do not share** your **passwords**
- **Do not share** how old you are and your birthday date
- **Do not share** where you are when you are posting or uploading a photo that shows where you are in the picture or the places you often go to



Getting information off the
Internet is like taking a
drink from a fire hydrant.

Mitchell Kapor

Posts that Come Back to Haunt

The internet does not have a "Delete" key. It is the opposite of Las Vegas. Things that happen online, stay online. Forever. Anything your child puts online is nearly impossible to remove later. The dangers of social media are especially daunting.

It is hard for teenagers to consider how a party picture or Snapchat message could cause problems ten years down the road when they interview for a new job. They are living for the moment.





Topic two

Identify ways parents and adults
can protect children from internet
dangers



Setting Boundaries

- Screen time limits
- Put the main account (ex. Apple ID) in parent's name, passwords set by parent
- No phones in bedrooms overnight
- Install or use Family Sharing or some kind of monitoring app
- Look through the content of the phone
- Be a "friend" with your child on social media platforms to see what they post
- Look at the apps that they have downloaded

More helpful hints...

1

Talk openly
with your child
about their
online activity

2

Keep screens
and devices
where you can
see them

3

Know your
parental
controls

4

Know who your
children's
online friends
are

5

Lead by
example



Topic three

Troublesome apps that are
most popular with children of
all ages

The Heavy Hitters



SNAPCHAT



Instagram



DISCORD



omegle



Yik Yak



saturn

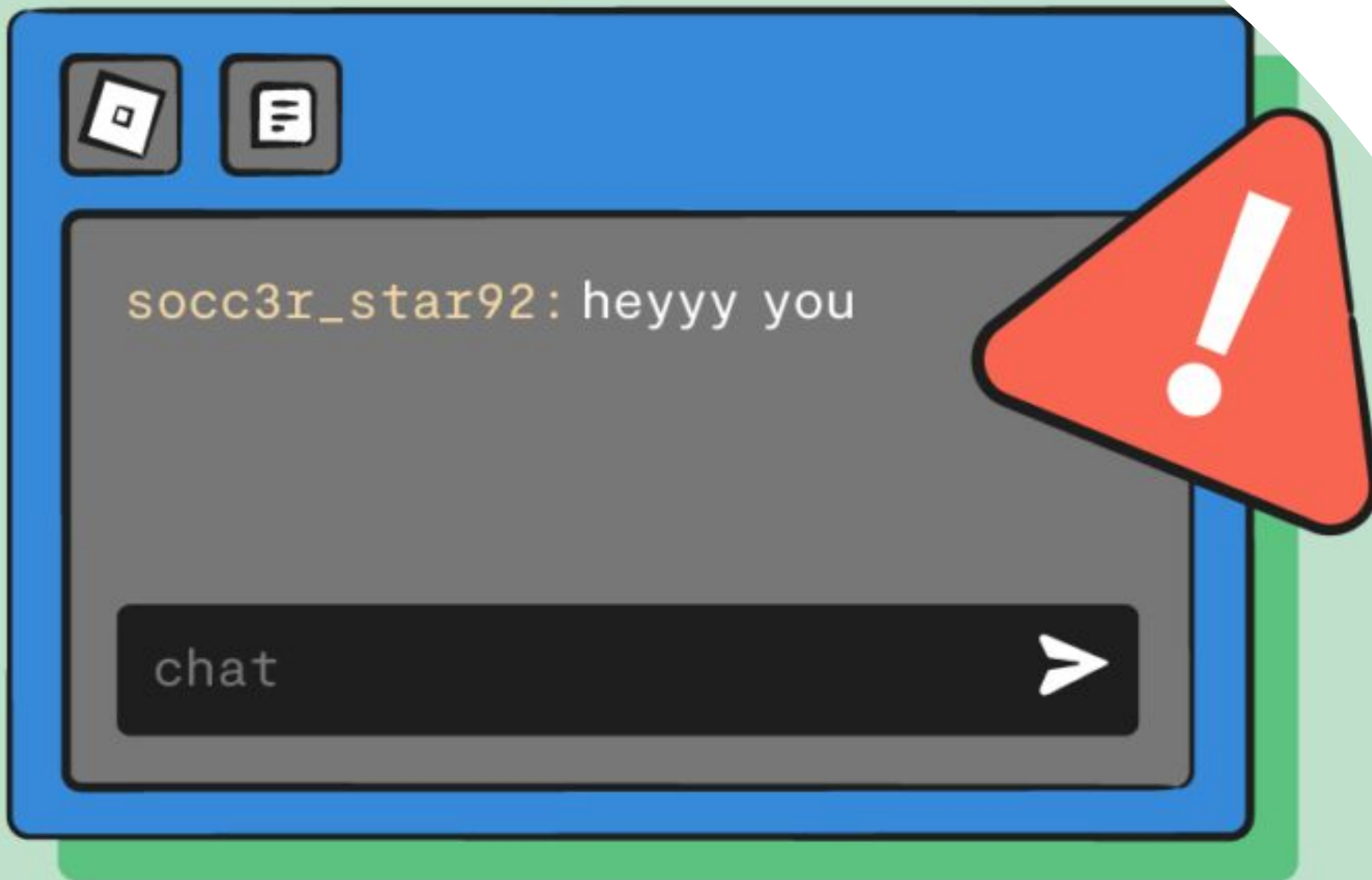




A 37-year old mom goes undercover as an 11-year old girl to expose the dangers facing kids on social media platforms like Instagram, Snapchat, TikTok, and Kik. Left unsupervised, young children can be exposed to online predators, grooming, and psychological abuse within minutes.



***The images and content in this video are real and may be disturbing for some viewers.
Please preview the video before watching with your children.***

Video Link: https://www.youtube.com/watch?v=dbq4hNHsc_8



Children gaining and needing access to the internet is unavoidable. Someday, they will have access to all that the internet holds, without the overview of a parent or guardian. Instilling responsible internet behavior is a must for the safety of themselves, their family and their future.





The internet is a dangerous place. If you are not careful it will consume you and rob you of your happiness. It can make you angry, jealous, hostile, bitter and lead to the eventual loss of enthusiasm for living your best life. Be wary and avoid overconsumption.

-Germany Kent